

# CHILDREN'S ACTIVITIES

## IN THE VAR



### **Compiled by the Var branch of the British Association**

The British Association has a tradition that goes back more than 50 years in the south east region of France and in the Var region specifically since 1998 for providing support and assistance to British citizens of all age groups, resident and tourist. It is a voluntary organisation registered as a charitable association governed by French 1901 *loi*, number W831001750.

It is run and supported by the Var British community.

**[www.baofthevar.com](http://www.baofthevar.com)**

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## **Adventure Parks**

Sud Concept, Cap Esterel, Rue des Calanques, **Agay**. 04 94 52 40 40.

[www.sudconcept.com/paca\\_saint\\_raphael.html](http://www.sudconcept.com/paca_saint_raphael.html) Aerial games – 2 levels. Open all year – booking essential.

Le Parc du Lac, Qtr Brauch, **Carcès**. 04 94 37 82 29/06 60 85 87 62. [www.leparcdulac.com](http://www.leparcdulac.com)

Minigolf, trampolines, aerial games, bouncy castles. Birthday parties. Open Apr-Nov.

Parcours Bibou, av du Golf, **Cavalière**. 04 98 04 10 58/06 86 58 67 06. [www.aventure-83.com](http://www.aventure-83.com)

Aerial games. From 6 yrs.

Aoubre, La Rouvière, **Flassans-sur-Issole**. 06 12 58 02 26. [www.aoubre.fr](http://www.aoubre.fr) Aerial games, animals,

butterflies. Birthday parties. From 4 yrs. Open Feb-Dec – Sat, Sun, bank holidays, school holidays 9.00-20.00 summer, 9.30-17.30 winter.

Accro Aventures, av de l'Aéroport, **Hyères**. 04 94 57 68 93. [www.accroaventures.com](http://www.accroaventures.com) Aerial

games. From 7 yrs. Birthday parties. (See also Kiddy Parc (outdoor) and La Cabane de Kiddy (indoor) nearby.)

La Crau Park – Le Fenouillet, av Frédéric Mistral, Hameau de Notre Dame, **La Crau**. 04 94 48 52

46. [www.lacraupark.fr](http://www.lacraupark.fr) Aerial games and mountain bike trail. Open Feb-Nov, days vary. 13.00-19.30 winter, 10.30-19.30 summer. From 4 years.

Janas Aventure, Fôret de Janas, 1778 route de Janas, **La Seyne sur Mer**. 04 94 26 88 19/06 10 80

06 26. [www.janas-aventure.com](http://www.janas-aventure.com) Aerial games. Open Feb-Nov, times vary. From 4 yrs. Birthday parties.

Le Royaume des Arbres and Ludiland, D402, **Le Castellet**. 04 94 74 34 67. [www.royaume-des-arbres.com](http://www.royaume-des-arbres.com).

Aerial games, bouncy castles, pedal karts, trampolines. Open all year, from 2 yrs.

Le Jardin de César et Léonie, 721 Chemin du Jas de la Paro, **Le Muy** (near the péage). 04 94 45 11

43. [www.cesar-et-leonie.fr](http://www.cesar-et-leonie.fr) Aerial games, pony rides, play area. From 4 yrs.

Oxygène Evasion, Chemin des Vernèdes, **Puget-sur-Argens**. 06 46 09 24 03.

[www.oxygeneevasion.fr](http://www.oxygeneevasion.fr) Aerial games, bouncy castles. Open Weds, Sat, Sun, bank holidays, school holidays. Booking recommended in summer.

Arbre et Aventure, Complexe Sportif des Bosquette, **Sainte Maxime**. 06 24 93 38 98.

[www.arbreetaventuresaintemaxime.com](http://www.arbreetaventuresaintemaxime.com) Aerial games. Open Apr- beginning Nov. From 5 yrs.

Eden Aventure, 5100 route des Méounes, **Signes**. 04 94 90 68 68/06 13 25 00 68. Aerial games,

rock climbing. From 3 yrs.

Coudou Parc, Bois de la Coucoulière, **Six-Fours-les-Plages**. 06 63 77 02 06. [www.coudouparc.com](http://www.coudouparc.com)

Aerial games. Birthday parties. Open mid-Feb-mid Nov, from 2 yrs.

Ecopark Adventures La Castille, Route de la Farlède, **Solliès-Ville**. 07 60 29 67 89. [www.ecopark-adventures.com](http://www.ecopark-adventures.com).

Aerial games. Open Feb-Nov, days vary. 13.00-19.30 winter, 10.00-19.30 summer. Birthday parties.

Parc Aventure Vidauban, Quartier Coua de Can, chemin du Stade, **Vidauban**. 04 94 73 60 98 [www.provenceaventure.com](http://www.provenceaventure.com). Aerial games, bouncy castles. Open Feb-Nov. (See "River Canoeing" Base Nautique de Vidauban for canoeing on river nearby.)

## Amusement Parks

La Ferme du Far West, Marineland, 306 av Mozart, **Antibes**, Alpes Maritimes. 04 93 33 82 72. [www.marineland.fr](http://www.marineland.fr) Animals, fairground rides with Wild West theme, inflatable slides, indoor Playmobile area, assault course. See website for opening hours.

Play City, Route de la Foux, RD98, **Cogolin**. 04 94 56 56 56. Bouncy castles. Open Apr-Sep. From 3 yrs.

OK Corral, RN8, **Cuges-les-Pins**, Bouches du Rhone. 04 42 73 80 05. [www.okcorral.fr](http://www.okcorral.fr) Fairground rides with a Wild West theme. Open Apr-Nov. See website for opening hours

Luna Park and Baby Land, RD 599, **Fréjus**. 04 94 51 00 31. [www.lunapark-frejus.com](http://www.lunapark-frejus.com) Open every day 20.00-02.00 beginning June to beginning Sept, plus 17.00 on Sunday for Baby Land.

Azur Park, Carrefour de la Foux, **Gassin**. 04 94 56 48 39. [www.azurpark.com](http://www.azurpark.com) Open Apr-Sep. Large fairground. (See also Tropical Golf nearby.)

Magic World, 1255 route des Marais, **Hyères**. 04 94 38 51 03. Large fairground for older children. End May-beginning Sept. 20.00-02.00

Kiddy Parc, av de l'Aéroport, **Hyères**. 04 94 57 68 93. [www.kiddyparc.com](http://www.kiddyparc.com) Rides, karting, ballpark, quad bikes, etc. plus water park and circus in Jul, Aug. From 2-12. See website for opening hours. Birthday parties. (See "Adventure parks" – Accro Aventure for aerial park and "Indoor Play areas" – La Cabane de Kiddy for indoor activities nearby.)

Funny Land, 2440 Corniche Georges Pompidou, **La Seyne sur Mer**. 06 08 05 83 79. [www.funnyland.fr](http://www.funnyland.fr) Bouncy castles, roundabouts, trampolines. From 1-12 yrs. Open all year. Birthday parties.

Maxime Kids, 164 route du Plan de la Tour, **Sainte Maxime**. 04 94 55 75 55. Roundabouts, bouncy castles, trampolines. Open all year, 1-10 yrs.

Minotopia, 683 bd de Lery, ZAC Les Playes, **Six Fours les Plages**. 09 81 36 33 03. [www.minotopia.com](http://www.minotopia.com) Imaginary kingdom, giant games. Open all year, times vary.

## Aquarium

Aquarium des Roches Rouges, 1387 av de Gratadis, **Agay**. From 6 years.

Marineland, 306 av Mozart, **Antibes**, Alpes Maritimes. 04 93 33 82 72. [www.marineland.fr](http://www.marineland.fr) Performing sea lions, whales and dolphins, shark tunnel, aquarium. Open all year except January. Feb, Mar, Oct-Dec 10.00-18.00; Apr-Jun, Sep 10.00-19.00; Jul, Aug 10.00-23.00. Can be booked online. (See also La Ferme du Far West, Aquasplash and Adventure Golf)

Aquarium de l'Institut Océanographique Paul Ricard, Ile ds Embiez, **Le Brus**. 04 94 34 02 49. [www.institut-paul-ricard.org](http://www.institut-paul-ricard.org) Open all year. 10.00-12.30 and 13.30-17.30

## Archery

Sud Concept, Cap Esterel, Rue des Calanques, **Agay**. 04 94 52 40 40. [www.sudconcept.com/paca\\_saint\\_raphael.html](http://www.sudconcept.com/paca_saint_raphael.html) Open all year – booking essential.

Le Val Paintball, 648 chemin des Vergers, **Le Val**. Paintball from 8 yrs, archery from 6 yrs. Open all year, booking essential.

### Boat Jousting

Agay Nautique, Espace Agay-Nautique ou Plage d'Agay, **Agay**. 04 94 82 01 49/06 60 06 15 82. From 10 yrs. Open May-Sep.

Les Joutes Raphaëloises, Vieux Port, Veilat, Santa Lucia and Boulouris, **St Raphaël**. 04 94 85 25 74/06 09 77 89 67. [www.ville-saintraphael.fr](http://www.ville-saintraphael.fr) Jousting tournaments for all ages. Open Apr-Oct.

### Boat Trips

Sea Safari, **Agay**. 06 21 78 20 54/09 71 52 41 80. [www.seasafari.eu](http://www.seasafari.eu). From 6 years. Trips around the Esterel coast with swimming, picnics, etc. Open Apr-Oct 9.00-18.00.

Les Bateaux de Saint-Raphaël, Port d'**Agay**. 04 94 82 71 45. Underwater voyage "Capitaine Nemo". From 2 yrs. July –Aug.

TVM, Port de la Tour Fondue, Quai No 5, **Giens**. 04 94 38 95 14. [www.tlv-tvm.com](http://www.tlv-tvm.com) Underwater voyage. Open Jun-Sep 10.00-15.00. Closed Sat.

Sub Plongée, 109 Allée du pousset, **Giens**. 04 94 58 25 30/06 85 66 10 09. [www.sub-plongee.com](http://www.sub-plongee.com) Open Apr-Dec 8.00-19.00. From 8 yrs.

Marabel Aquascope, **Ile de Port-Cros**. 06 08 26 91 99. Underwater voyage. Open Apr-Nov.

Vedettes Iles d'Or et Le Corsaire, Gare Maritime, **Le Lavandou**. 04 94 71 01 02. [www.vedettesilesdor.fr](http://www.vedettesilesdor.fr) Le Seascope – underwater voyage. Le Lavandou – all year, Cavalaire-sur-Mer – Apr-Sep.

Les Bateaux Verts, Quai Léon Condroyer, **Sainte Maxime**. 04 94 49 29 39. [www.bateauxverts.com](http://www.bateauxverts.com) Trips to St Tropez, etc. Easter – end Sept.

Aquascope, Port de **Sainte Maxime**. 06 16 60 11 11. [222.bateauxverts.com](http://222.bateauxverts.com). Underwater voyage. Open Easter-mid Sept 10.00-17.00.

Aquascope, port de Bruse, **Six-Fours-les-Plages**. 04 94 34 17 85. Underwater voyage. Open Apr-Oct. From 3 yrs.

### Cable Car

Télépherique du Mont Faron, bd Amiral Vence, **Toulon**. 04 94 92 68 25. [www.telepherique-farom.com](http://www.telepherique-farom.com) Cable car to top of Mont Faron. Panoramic view, zoo, restaurant, Liberation Memorial Museum.

### Carousels and Roundabouts

Tournicotiland, Rond Point Plan de la Mer, **Saint Cyr sur Mer**. 06 63 92 40 00.

Le Carrousel, Promenade A. Simon-Lorière, **Sainte Maxime**. Open all year. From 1yr. 04 94 43 91 27

Au Petit Poulbot, Promenade A. Simon-Lorière, **Sainte Maxime**. Open all year. From 1-12 yrs. 06 07 01 79 93

Carrousels St Raphaël, Esplanade de la Garonne and Promenade René Coty, **Saint Raphaël**.

## Caving

Le Royaume des Arbres and Ludiland, D402, **Le Castellet**. 04 94 74 34 67. [www.royaume-des-arbres.com](http://www.royaume-des-arbres.com). Caving. Aerial games, bouncy castles, pedal karts, trampolines, caving. Open all year, from 2 yrs.

## Circus schools

Ecole de Cirque Regarde en Haut, 34 rue de la Performance, **Cuers**. 04 94 28 07 18. [www.ecoledecirque-var.fr](http://www.ecoledecirque-var.fr) Open all year, Mon-Fri. Booking essential. From 3 yrs. Birthday parties.

Ecole de Cirque Pitretries, Salle Pierre Bel, **La Valette du Var**. 04 94 33 84 72. [www.ecoledecirquepitretries.com](http://www.ecoledecirquepitretries.com). From 3 yrs.

Ecole de Cirque PAD, 22 rue du Commerce, ZA Cap Ferret, **Sainte Maxime**. 04 94 49 17 39/06 11 54 53 42. [www.cirquepad.fr](http://www.cirquepad.fr) Open Sept-June, from 3 years.

L'Ecole Française de Cirque, Place Coulet, **Saint Raphaël**. 04 94 19 52 52 . [www.ecolefrancaisedecirque.com](http://www.ecolefrancaisedecirque.com). Monday to Saturday during July and August. Age 4-14. Learn 5 circus acts. Booking recommended.

Ecole de Cirque Pitretries, ZAC de la Poulasse 3, 2 rue des Strasbourg, **Solliés-Pont**. 04 94 33 84 72. [www.ecoledecirquepitretries.com](http://www.ecoledecirquepitretries.com). From 3 yrs.

## Copper Mine

La Mine de Cap Garonne, 1000 chemin du Baou Rouge, **Le Pradet**. 04 94 08 32 46. [www.mine-capgaronne.fr](http://www.mine-capgaronne.fr) Visit to a copper mine (underground). Open Feb-Dec, times vary. English guided tours available. Birthday parties.

## Diving and Snorkelling

Ecole de Plongée Ile d'Or, Camping Campéoles, 986 Bd de la 36ème Division du Texas, **Agay**. 04 94 82 73 67/06 27 13 17 96. [www.dive.fr](http://www.dive.fr) Open Mar-Nov 9.00-19.00. Lessons in English. From 8 yrs.

Club de Plongée d'Agay, 483 av de Gratadis, **Agay**. 04 94 82 02 03. [www.agay-plongee.fr](http://www.agay-plongee.fr) Form 8 yrs.

Centre de Plongée Bandolais, 2 bd Victor Hugo, **Bandol**. 06 11 41 48 81. [www.manta-club-bandol.com](http://www.manta-club-bandol.com) From 8 yrs.

Alizé Aventure, 6 rue du Grand Plantier, **Bormes les Mimosa**. 06 80 18 50 39. From 8 yrs.

Bormes Plongée Sous-Marine, Galiote Port de Bormes, **Bormes les Mimosas**. 04 94 64 91 28/06 73 79 32 12. [www.bormesplongee.fr](http://www.bormesplongee.fr)

Apogon Plongée, Port des Salettes, **Carqueiranne**. 06 82 24 33 59. [www.apogon.net](http://www.apogon.net) Open May to Nov, from 8 yrs.

Loisirs Méditerranée, Résidence Ophélie Bât A, Lot Les Jardins de la Baie, **Cavalaire sur Mer**. 04 94 05 43 24/06 15 27 73 56. [www.picantin.free.fr](http://www.picantin.free.fr) From 8 yrs.

Neptune Club Plongée, Résidence Galiote, Bât D403, **Cogolin**. 04 94 56 41 70/06 85 83 15 34. [www.neptuneclubplongee.com](http://www.neptuneclubplongee.com)

Sundown's Farm, Chemin des Grives, **Cotignac**. 04 98 16 16 44. Open Apr-Nov. Alpha-Beluga, Quai Cléopâtre, **Fréjus**. 06 15 21 05 00. [www.alpha-beluga.com](http://www.alpha-beluga.com)

Aquatic-Rando, Quai Cléopâtre, Port d'Attache A, **Fréjus**. 06 64 28 10 56. [www.aquatic-rando.fr](http://www.aquatic-rando.fr)

Port-Fréjus Plongée La Palanquée, Résidence Open, 6 Quai d'Octave, **Fréjus**. 04 94 17 25 31.  
[www.la-palanquee.fr](http://www.la-palanquee.fr)

Sympathic Palanquée, 46 Quai dei Caravello, **Fréjus**. 06 80 32 46 18.  
[www.sympathicpalanquee.com](http://www.sympathicpalanquee.com)

Espace Mer le Brigantin, chemin de Bouvet, La Tour Fondue, **Giens**. 04 94 58 94 94.  
[www.espacemer.fr](http://www.espacemer.fr). Open Apr-Nov 8.00-19.00. From 8 yrs.

Divin'Giens, 128 bd Alsace Lorraine, **Giens**. 04 98 04 50 28. [www.divingiens.com](http://www.divingiens.com) Open Apr-Nov.  
From 8 yrs. English spoken.

Ulysse Club, Port de la Madrague, **Hyères**. 04 94 38 25 07/06 88 23 98 23. [www.ulyseclub.com](http://www.ulyseclub.com)  
From 8 yrs.

Destination Plongée, av de l'Aéroport, **Hyères**. 04 94 38 35 85

Centre International d'Apnée Hyerois, 745 rte des Vieux Salins, **Hyères**. 06 16 90 60 57.  
[www.stephanemifoud.com](http://www.stephanemifoud.com). Open all year.

Cyana Plongée, 25 av de la Méditerranée, **Hyères**. 06 23 76 03 08. [www.cyana-plongee.com](http://www.cyana-plongee.com).  
Open all year.

Mio Palmo, 24 av du Dr Robin, **Hyères**. 04 94 57 02 61/06 62 37 53 27.  
<http://miopalmo.celeonet.fr> Open Mar-Nov. From 8 yrs.

Ile Porquerolles, plage de la Courtade, Base Nautique, **Ile de Porquerolles**. 04 34 34 02 33.  
[www.ileo.proquerolles.fr](http://www.ileo.proquerolles.fr) Open Apr-Oct.

Porquerolles Plongée, ZA 9, **Ile de Porquerolles**. 04 98 04 62 22/06 25 58 06 79.  
[www.porquerolles-plongee.com](http://www.porquerolles-plongee.com) Open Jun-Nov. From 8 yrs.

Sentier Sous Marin, plage de la Palud, **Ile de Port-Cros**. 04 94 01 40 70.  
[www.portcrosparcnational.fr](http://www.portcrosparcnational.fr) Guided snorkel tour. Open Jun-Sep. From 8 yrs.

Sun Plongée, **Ile de Port-Cros**. 04 94 05 90 16/06 80 30 51 56. [www.sun-plongee.com](http://www.sun-plongee.com). Open Apr-Nov.

Aqualonde Plongée, Place de la Hélice, Carrée du Port Nouveau, **La Londe des Maures**. 04 94 01 20 04/06 09 88 45 55. [www.aqualonde-plongee.com](http://www.aqualonde-plongee.com) Open all year.

Au Marin Plongeur, av de la Jetée Saint Elme, Immeuble Le Méditerranée, **La Seyne sur Mer**. 04 94 30 99 81/06 14 65 83 29. [www.aumarinplongeur.fr](http://www.aumarinplongeur.fr) From 8 yrs.

Lavandou Plongée, Quai de Labbé, Nouveau Port, **Le Lavandou**. 04 94 71 83 65. [www.lavandou-plongee.com](http://www.lavandou-plongee.com) From 8 yrs.

CIP-Lavandou, Quai Baptistin Pins, **Le Lavandou**. 04 94 71 54 57. [www.cip-lavandou.fr](http://www.cip-lavandou.fr) Open all year.

Centre de Plongée du Pradet, 141 av du Port, **Le Pradet**. 04 94 08 38 09. [www.plongee-var.fr](http://www.plongee-var.fr)  
From 8 yrs

Immersion Plongée, 13 av des Chalutiers, **Les Salins d'Hyères**. 04 94 66 39 95/06 03 49 51 92. [www.immersion-plage.com](http://www.immersion-plage.com) Open Apr-Nov 8.30-12.00 and 14.00-19.00. From 8 yrs.

European Diving School, Les Prairies de la Mer plage, **Port Grimaud**. 04 94 79 90 37 [www.europeandiving.com](http://www.europeandiving.com) Open Jun-Sep.

European Diving School, Route de Plage, **Ramatuelle**. 04 94 79 90 37. [www.europeandiving.com](http://www.europeandiving.com). From 8 yrs.

Cap Camaret Plongée, Village Léo Lagrande, Route de Bonne Terrasse, **Ramatuelle**. 04 94 79 92 58/06 80 88 73 91. [www.capcamaratplongee.com](http://www.capcamaratplongee.com). From 10 yrs.

Aqua Plongée, Port de **Saint-Aygulf**. 04 94 81 12 10/06 13 25 58 20. [www.aquaplongee.fr](http://www.aquaplongee.fr)

St Mandrier Plongée, Quai Séverine, Navipark, **Saint Mandrier sur Mer**. 04 94 63 66 07. [www.saint-mandrier-plongee.com](http://www.saint-mandrier-plongee.com) From 8 yrs.

Kétos, Jetée Olivier Bausset, **Sainte Maxime**. 06 11 52 40 50. <http://ketos.free.fr> Open all year, from 8 yrs.

H2O, Quai Léon Condroyer, **Sainte Maxime**. 04 94 49 14 91. [www.h2o-sainte-maxime.com](http://www.h2o-sainte-maxime.com) Open Apr-Nov.

Centre de Plongée du Dramont, Square du Sémaphore, Port du Poussaï, **Saint Raphaël**. 04 94 82 76 56/06 99 48 39 00. [www.cipdramont.com](http://www.cipdramont.com)

Centre de Plongée Ile d'Or, Camping Campéole RD98, **Saint Raphaël**. 04 94 82 73 67/06 27 13 17 96. [www.dive.fr](http://www.dive.fr) From 8 yrs.

Euro Plongée Port de Boulouris, 2170 Route de la Corniche, **Saint Raphaël**. 04 94 19 03 26/06 09 18 53 74. [www.europlongee.fr](http://www.europlongee.fr) Open Mar-Nov.

Club Sous l'Eau, Port Santa Lucia, **Saint Raphaël**. 04 94 95 90 33/06 89 66 45 97. [www.clubsousleau.com](http://www.clubsousleau.com) Open Apr-Nov, rest of year on demand. Specialise in children's tuition.

Centre de Plongée de Sanary, 46 Impasse Soleillet, Quai Wilson, **Sanary**. 04 94 74 80 76/06 28 05 24 57. [www.sanary-plongee.com](http://www.sanary-plongee.com)

Cap Plongée, Port de la Coudoulière, **Six Fours les Plages**. 06 12 51 85 46. [www.capplongee.com](http://www.capplongee.com) From 8 yrs.

Ghost Sea, 73 rue des Pêcheurs, Le Brusç, **Six Fours les Plages**. 04 94 34 13 73/06 07 57 13 65. [www.ghostsea.com](http://www.ghostsea.com) Open Mar-Dec. From 8 yrs.

## Fishing

Club de Peche Sportive d'Hyères, 970 chemin de la Font des Horts, **Hyères**. 04 94 38 65 59. [www.cpsHYeres.com](http://www.cpsHYeres.com). Open all year 8.30-12.00 and 13.30-17.00. From 8 yrs.

Peche La Fario, Place du Clos, **Montauroux**. 06 24 09 41 72. [www.fedepechevar.com](http://www.fedepechevar.com) Fishing in Lac St Cassien all year. Permits from Tourist Office in Montauroux.

La Truite Enchantée, RN7, **Pourcieux**. 04 94 86 53 13. Open all year.

Club Nautique et de Loisirs de **Sainte Croix de Verdon**. 04 92 77 84 16. [www.cnlscv.com](http://www.cnlscv.com). Sailing, canoeing, electric boats, fishing – Lac Ste Croix.

Verdon Esterel Pêche, **Saint Raphaël**. 04 94 40 33 67/06 07 14 51 14. [www.verdonpeche.free.fr](http://www.verdonpeche.free.fr)  
Open all year according to weather. Fishing lessons from 6 yrs in Esterel lakes.

### Horse and Donkey Riding.

Esterel Ranch, av des Golfs, **Agay**. 04 94 82 89 47. [www.esterelranch.com](http://www.esterelranch.com)

Verdon Equitation, Centre de Randonnée Equestre du Grignolet, **Artignosc** (Gorges de Verdon). 04 94 80 77 30. [www.verdon-equotation-artignosc.fr](http://www.verdon-equotation-artignosc.fr) Horse and pony trekking.

Les Ecuries de la Renarde, Chemin des Pourraques, **Brignoles**. 04 94 77 84 35. Open all year.

Ecuries St Christophe, Route de Vins sur Caremy, **Brignoles**. 06 21 52 55 05.

Haras Val de Camps, Chemin du Val de Camps, **Brignoles**. 04 94 69 30 65. Open all year.

Ecuries du Riou Sec, Ancienne Voie Ferrée, **Callas**. 06 98 10 85 74. Pony rides from 2 yrs. Indian tepee. Birthday parties.

Poney Club de Callian, Chemin des Adreches, **Callian**. 06 32 12 35 88

Ranch Cavières, Qtr des Cavières, **Camps La Source**. 04 94 86 66 47. Open all year, closed Tue.

Le Domaine Equestre de la Provence Verte, Route d'Entrecasteaux, **Carcès**. 04 94 04 55 54.  
[www.centre-equestre-83.fr](http://www.centre-equestre-83.fr) Open all year, closed Mon.

Les Chevaux de Besillon, 862 Vieux Chemin d'Entrecasteaux, **Carcès**. 06 15 86 58 16.  
<http://animationponeyvar.vpweb.fr> Open all year.

Les Ecuries d'Eau-Blanche, **Cavalaire sur Mer**. 06 73 41 12 86. [www.eau-blanche.com](http://www.eau-blanche.com) Open all year, Tues-Sat.

Centre Equestre la Réserve, D562, **Entrecasteaux**. 04 94 73 88 30. Open all year.

Centre Equestre de la Tourrache, Chemin des Plancudes, **Fréjus**. 06 19 86 03 62/ 04 94 51 29 49.  
[www.cefrefjus-saintraphael.ffe.com](http://www.cefrefjus-saintraphael.ffe.com)

L'Ecurie du Golfe de St Tropez, Qtr Peyrat, **Grimaud**. 06 28 73 45 94. <http://ecurie-du-golfe-de-saint-tropez.com> Open all year.

Les Ecuries de Calines, Qtr Clos des Robert, RD14, **Grimaud**. 06 77 44 46 89. Open all year.

Relais de la Mene, Hameau de la Tourre, **Grimaud**. 04 94 43 35 96/06 11 81 11 32. [www.centre-equestre-mene.com](http://www.centre-equestre-mene.com) Horse riding and donkey treks. Open all year.

Equi Libre, Ecuries St George, 2064 chemin du Plan du Port, **Hyères**. 06 76 85 23 17. Open all year 9.00-20.00. From 4 years. Facilities for the disabled.

La Poulin'Hyères, 2703 Chemin des Borrels, **Hyères**. 06 22 94 43 38. [www.poulinhyeres.com](http://www.poulinhyeres.com) Open all year.

Les Ecuries de la Bouquetière, 157 chemin de la Verlaque, **Hyères**. 04 94 01 43 33.  
[www.lesecuriesdelabouquetiere.com](http://www.lesecuriesdelabouquetiere.com) Open all year 8.00-21.00. From 3 yrs.

Ranch du Palyvestre, av de l'Aéroport, **Hyères**. 04 94 38 64 97/06 63 34 01 14. Open all year. From 6 yrs.



Le Poney Ranch, 35 Esplanade des Muletiers, **La Crau**. 04 94 66 03 32. [www.poneyranch.com](http://www.poneyranch.com)  
Pony rides, motor and quad bikes, electric cars, bouncy castle, circus school. From 4 years.

Poney Club, RN98, La Pauline, **La Garde**. 04 94 66 08 07

Les Sorties Nature de Lou Pastre, Massif des Maures, **La Garde Freinet**. 06 27 69 35 40. Pony and donkey treks.

L'Ane des Collines, Qtr des Troughettes, **La Roquebrussanne**. 04 94 86 83 40. Donkey treks. Open all year.

Domaine Equestre des Grands Pins, Chemin de la Galante, **Le Cannet-des-Maures**. 04 94 73 48 85. [www.domaine-equestre.com](http://www.domaine-equestre.com)

Les Poneys D'Alcibiade, RD17 Route du Thoronet, **Le Cannet des Maures**. 06 24 36 14 80. From 5 yrs.

Centre d'Equestre du Débras, Qtr Vidals, chemin des Débras, **Le Luc**. 04 94 60 70 87/06 09 95 71 87.

Ecole d'Equitation du Luc, Qtr Le Petit Repenti, **Le Luc**. 04 94 99 83 75/06 17 13 81 53. [www.equi-luc.ift.fr](http://www.equi-luc.ift.fr)

Les Ecuries de Maejenn, Route des Mayons, **Le Luc**. 04 94 60 07 76/06 21 24 55 09. [www.lesecuriesdemaejenn.com](http://www.lesecuriesdemaejenn.com)

Le Ranch du Jardin, **Le Muy** (near péage). 06 12 07 73 38. [www.ranchdujardin.skyrock.com](http://www.ranchdujardin.skyrock.com) Open all year, from 2 yrs.

Relais Equestre de la Ferme, chemin des Ourlèdes, **Les Salins d'Hyères**. 04 94 66 41 78. [www.ref-equitation.com](http://www.ref-equitation.com) Open all year 9.00-19.00, closed Mon. From 6 yrs.

Les Poneys de la Crau, chemin de Fréjus à l'Escapade, **Lorgues**. 06 17 06 55 71. Birthday parties. Open all year, from 2-14 yrs.

Le Ecuries de Fondurane, Chemin de Fondurane, **Montauroux**. 04 94 39 89 03/06 24 50 63 65

Les Poun's en Herbe, Qtr le Gabinet, **Montauroux**. 06 76 80 00 89

Centre Equestre des Esses, 3 route de Riez, **Montmeyman**. 06 10 76 24 01. Open all year, closed Mon.

Ecurie Lou Cavaou, Route de Régusse, **Montmeyan**. 06 14 64 79 43. Open all year, closed Sun.

Centre Equestre et Poney Club, Qtr Delvieux Sud, **Nans les Pins**. Open all year.

Balalin Balal'ane, Impasse du Champ des Fourches, **Plan d'Aups Sainte Baume**. 04 42 62 56 84. Donkey treks. Open all year Wed, Sat, Sun.

Provence Randonnée Activités Nature, Allée du Jas, **Plan d'Aups Sainte Baume**. 06 21 09 52 35. Donkey treks, mountain biking. Open all year.

Les Chevaux de Cabran, Chemin de Cabran, **Puget-sur-Argens**. 06 67 08 52 82. [www.leschevauxdecabran.com](http://www.leschevauxdecabran.com)

EFE-Camp Swanikanu, chemin de l'Orée du Bois, **Puget sur Argens**. 06 12 20 79 90.  
[www.campswanikanu.free.fr](http://www.campswanikanu.free.fr) Indian themed birthday parties. Open all year, from 3 yrs.

Ferme Equestre des Puits de Riquier, Route Baudinard D9, **Régusse**. 04 94 70 52 89/06 03 00 73  
76. [www.cheval-rando83.com](http://www.cheval-rando83.com)

Centre Equestre les Murettes, Route de Marchandise, La Bouverie, **Roquebrune-sur-Argens**. 06 03  
01 12 12. [www.centreequestrelesmurettes.ffe.com](http://www.centreequestrelesmurettes.ffe.com) Open all year.

Les Poneys de Sophie, 993 route de Roquebrune, **Saint-Aygulf**. 06 70 75 28 91

Centre Equestre du Verderet, Chemin des Bouillerettes, **Sainte Maxime**. 06 83 34 87 66.  
[www.leverderet.ffe.com](http://www.leverderet.ffe.com) Open all year.

Ranch Eldorado, Quartier des Ribbes, **Sainte Maxime**. 06 80 15 01 18. [www.ranch-eldorado.fr](http://www.ranch-eldorado.fr).  
Open all year.

Hippothera, La Clos des Sagattes, 1077 chemin de Barcelone, **Saint Maximin de la Ste Baume**. 06  
80 87 05 01. [www.hippothera.over-blog.com](http://www.hippothera.over-blog.com) Horse-drawn carriage rides for those with reduced  
mobility.

Centre Equestre les 3 Fers, 277 rue du Débarquement, Le Dramont, **Saint Raphaël**. 06 85 42 51  
50. <http://les3fers.com>. Open all year on reservation. From 2 yrs.

La Ferme Equestre de la Palomanon, Qtr Monvert, Chemin de Garnier, **Saint Zacharie**. 04 94 32 65  
77/06 20 56 50 15. [www.lapalomanon.fr](http://www.lapalomanon.fr) From 4 yrs.

La Cascad'Ane, Domaine de la Provenç'âne, 2142 Route d'Entrecasteaux, **Salernes**. 04 94 67 42  
39/06 27 35 07 33. [www.cascadane.com](http://www.cascadane.com) Donkey treks.

Poney Club de la Bresque, 2420 route d'Entrecasteaux, **Salernes**. 06 12 14 00 90.  
<http://equitationsudvar.e-monsite.com/> Open all year, from 3 yrs.

Centre Equestre des Plages, 244 Chemin Pepiole, **Six Fours les Plages**. 04 94 25 19 23.  
[www.centreequestredesplages.com](http://www.centreequestredesplages.com)

Pony's Ranch, 544 chemin des Conques, **Six Fours les Plages**. 06 21 89 77 95.  
[www.ponysranch.com](http://www.ponysranch.com) Birthday parties.

Ecuries des Trèmes, Qtr les Trèmes, **Tavernes**. 04 94 77 66 59. Open all year, closed Mon.

Centre Equestre Les Ecuyers du Paradou, Les Ferrages du Paradou, N7, **Tourves**. 06 22 05 25 03.  
[www.poneys-paradou.com](http://www.poneys-paradou.com) Open all year, every day.

Centre Equestre de **Vidauban**. 07 60 17 40 40. [www.centre-equestre-vidauban.com](http://www.centre-equestre-vidauban.com)

## Ice Skating

Patinoire de la Garde, av Abel Glace, **La Garde**. 04 94 48 61 06. [www.patinoiredelagarde.fr](http://www.patinoiredelagarde.fr) Open  
all year. From 6 yrs.

## Indoor play areas

Royal Kids Brignoles, bd B Long, ZAC des Consacs, **Brignoles**. 04 94 80 34 55.  
[www.royalkids.fr/parcs/brignoles](http://www.royalkids.fr/parcs/brignoles) From 0-12 yrs. Ball park, climbing areas, slides, trampolines,  
giant Lego. Area for under 3s. Birthday parties.

Fun City, RD 37, ZAC St Pons, **Fréjus**. 04 94 83 65 53. [www.frejus.fun-city.fr](http://www.frejus.fun-city.fr)  
Open every day in school holidays plus Weds, Sat, Sun and Bank Holidays 10.00-19.00. From 1-12 yrs. Dinosaurs, mini-karts, ballpark, climbing areas, trampolines, fluorescent mini-golf, etc. Birthday parties.

La Cabane de Kiddy, av de l'Aéroport, **Hyères**. 04 94 57 68 93. [www.lacabanedekiddy.com](http://www.lacabanedekiddy.com) Open every day in school holidays, Wed, Sat, Sun rest of year, 10.00-19.00. From 1-10 yrs. Ballpark, climbing areas, bouncy slides, etc. Birthday parties. (See "Adventure Parks" – Accro Aventure for nearby aerial games park and "Luna Parks" for Kiddy Parc rides.)

Fun City, 121 av Louis Braguet, ZAC de Gavary, **La Crau**. 04 94 91 36 69. [www.fun-city.fr](http://www.fun-city.fr) Ball park, 10 pin bowling, slides, bouncy castle, climbing area. 1-12 yrs. Open all year 10.00-19.00, days vary. Birthday parties.

### Jet Ski and Water Ski

Jet Ski, Berges de la Rivière d'Agay, **Agay**. 06 67 24 89 92. Lessons from 6 yrs on reservation. Open May-Sep 9.00-19.00 and Oct-Apr on demand.

Sublim Sky, Quai de Caravello, **Fréjus**. 06 09 53 85 16/06 60 59 23 45. [www.sublimsky.jimdo.com](http://www.sublimsky.jimdo.com)

Handi Planete Loisirs, 77 allée du Pousset, **Giens**. 04 94 38 97 67/06 26 57 84 03. <http://handi-planete.free.fr> Jet ski, water ski, wakeboard. Facilities for disabled. Open Apr-Oct 8.00-18.00.

Jet Family's, St Pons-les-Mûres, RD559 – Nauti Golfe, **Grimaud**. 06 25 36 11 34. [www.jet-family.com](http://www.jet-family.com) Open Jun-Sep every day 9.00-19.30.

Andemar Jet, 2736 bd de la Marina, **Hyères**. 04 94 05 30 32. [www.jet.andemar.com](http://www.jet.andemar.com) Jet ski, water ski, wakeboard. Open all year, every day, 9.00-19.00.

Fun Adventure, Port de San Peire, **Les Issambres**. 06 60 14 64 45. [www.adventure-quad-jet.fr](http://www.adventure-quad-jet.fr) Open Apr-Nov. Jet ski, quad bikes.

Sensation Jet Ski aux Issambres, Port de San Peire, **Les Issambres**. 04 94 19 89 89. Organised by tourist office. Open Apr-Sep, every Sat 10.00.

Nautique Park, Plage de Port Grimaud, **Port Grimaud**. 04 94 79 58 62. [www.nautique-park.fr](http://www.nautique-park.fr) Open Apr-Sep. Water skiing and jet ski.

Riviera Water Sports, Av de la Mer, **Port Grimaud**. 06 27 30 57 75. [www.rivierawatersports.com](http://www.rivierawatersports.com) Sailing, jet ski, water ski, parascending. Open May-Sep.

Le Mas d'Estel Base Nautique, RN98, **Saint Aygulf**. 06 50 09 40 60/ 06 50 09 40 50. [www.lemasdestel.fr](http://www.lemasdestel.fr)

Dauliach Jet Ski School, Plage de **Saint-Aygulf**, Le Mas d'Estel. 06 08 78 88 84. [www.stevendauliach.com](http://www.stevendauliach.com)

Les Elephants de Mer, RN98, La Garonnette, av du Croiseau Léger le Malin, **Sainte Maxime**. 04 94 96 81 35/06 63 04 65 27. [www.jetski-cotedazur.fr](http://www.jetski-cotedazur.fr)

### Kart Racing

Brignoles Karting Loisirs, Circuit Jean Vial, **Brignoles**. 04 94 69 20 12. Open all year apart from Christmas holidays and beginning Jan. Closed Mon-Tue.

Inter Racing Kart, av du 8 Mai 1945, **Fréjus**. 04 94 97 50 97. [www.interracingkart.com](http://www.interracingkart.com) Open every day 14.00-20.00, midnight in summer.

Loc'Karts à Pédales, Rond Point du 8 Mai, **Montauroux**. 06 75 20 16 17. [www.lockarts.com](http://www.lockarts.com). Pedal karts. Open all year Wed, Sat, Sun, bank holidays.

Handi Planete Loisirs, 77 rte de Giens, **Giens**. 04 94 38 97 67/06 26 57 84 03. <http://handi-planete.free.fr> Facilities for disabled. Open Apr-Oct 8.00-18.00.

Grimaud Karting Loisir, Chemin Blaquières, **Grimaud**. 04 94 56 00 12. [www.gkl-karting.fr](http://www.gkl-karting.fr) From 7 yrs.

Speedkart, 1714 av de l'Aéroport, **Hyères**. 04 94 38 76 99. [www.speedkart.fr](http://www.speedkart.fr) Open all year, 11.00-02.00 summer and 14.00-20.00 winter. From 3 yrs.

Karting Six-Fours, 305 chemin des Delphiniums, **Six-Fours-les-Plages**. 04 94 63 32 23. [www.kartingsixfours.com](http://www.kartingsixfours.com) Open all year.

### Mini Golf

Sud Concept, Cap Esterel, Rue des Calanques, **Agay**. 04 94 52 40 40. [www.sudconcept.com/paca\\_saint\\_raphael.html](http://www.sudconcept.com/paca_saint_raphael.html) Open all year.

Adventure Golf, Marineland, 306 av Mozart, **Antibes**. 04 93 33 82 72. [www.marineland.fr](http://www.marineland.fr) 3 crazy golf courses increasing in difficulty based on Jules Verne theme. Open all year apart from Jan, see website for opening hours. See also Marineland, La Ferme du Far West and Aquasplash for nearby activities.

Tropical Golf, Carrefour de la Foux, **Gassin**. 04 94 56 48 39. [www.azurpark.com](http://www.azurpark.com). Golf with dinosaur theme. (See also Azur Park for fairground nearby.)

Golf Mini d'Hyères, 81 Chemin Roubard, **Hyères**. 04 94 57 25 00

Le Mini Golf Exotique, av du Grand Jardin, **Le Lavandou**. 04 94 71 88 87. [www.golf-var.com](http://www.golf-var.com) Exotic garden with waterfalls and caves. Open all year. Birthday parties.

Minigolf Beurivage, Santa Lucia, Bd du Général de Gaulle, **Saint Raphaël**. 06 24 20 16 61. Open 7 days in season. From 3 yrs.

Mini Golf Indiana, Place du Mourillon 41eme Anse, RN98, **Toulon**. 06 13 25 92 75.

### Mountain Biking

Esterel Aventure, 125 Bd de la Plage, **Agay**. 04 94 40 83 83. Guided trips in Esterel Mountains. From 12 yrs. Open every day, all year on reservation. English spoken.

Gareoult Bike Park, Rond point supermarché Casino, **Gareoult**. 06 70 37 38 64. <http://gareoultbikepark.fr> Open weekends and school holidays 14.00-18.00 and Jul-Aug 9.30-18.00

Pep's Spirit, Qtr la Rine, RD558, **Grimaud**. 04 94 96 88 04. [www.peps-spirit.fr](http://www.peps-spirit.fr) Sea canoes and mountain bikes. Open all year.

La Meduse, Carré du Port, **Ile de Porquerolles**. 04 94 58 34 27/06 22 10 62 34. [www.porquerolles-a-velo.fr](http://www.porquerolles-a-velo.fr) Open all year 9.00-19.00. From 5 yrs.

L'Indien, place d'Armes, **Ile de Porquerolles**. 04 94 38 30 39/06 07 38 44 67. [www.lindien.fr](http://www.lindien.fr) Open all year 8.30-19.00.

Nature du Sud, 4 av du Portail, **La Roquebrussanne**. 06 22 87 84 52. Open all year, booking essential. People with learning disabilities welcome.

Gold Bike Park, Impasse des Esclapières, **Montauroux**. 06 75 20 16 17. [www.bsn.blogspot.fr](http://www.bsn.blogspot.fr)

Provence Randonnée Activités Nature, Allée du Jas, **Plan d'Aups Sainte Baume**. 06 21 09 52 35. Donkey treks, mountain biking. Open all year.

Domaine Saint Supin, Route de Bras, **Tourves**. 06 71 53 56 16. Mountain biking and skate park. Open all year apart from Christmas holidays.

### Multi-activity Parks

La Base Nature, 1196 bd de la Mer, **Fréjus**. 04 94 51 91 10. [www.basenaturefrejus.fr](http://www.basenaturefrejus.fr)  
Open every day 07.30-23.00. Indoor pool, skate park, BMX track, disabled access beach, park for 2-14 yrs, picnic area, etc.

Le Poney Ranch, 35 Esplanade des Muletiers, **La Crau**. 04 94 66 03 32. [www.poneyranch.com](http://www.poneyranch.com)  
Pony rides, motor and quad bikes, electric cars, bouncy castle, circus school. From 4 years.

Circuit du Var – Base de Loisirs, Route des Mayons, **Le Luc**. 04 94 50 37 00. Children's pool open in summer, play area 2-10 yrs, bouncy castle, climbing wall. Open all year.

Le Cabanon Enchanté, DN7, **Pourrieres**. 04 94 78 43 15. [www.lecabanonenchante.fr](http://www.lecabanonenchante.fr) Quad bikes, pony rides, mini-train, bouncy castle. Open all year, times vary. Birthday parties.

### Paintball

Sud Concept, Cap Esterel, Rue des Calanques, **Agay**. 04 94 52 40 40.  
[http://www.sudconcept.com/paca\\_saint\\_raphael.html](http://www.sudconcept.com/paca_saint_raphael.html) From 8 years. All year – booking essential.

La Bigue Buggys Paintball, Col de la Bigue, **Cuers**. 06 31 09 60 54. [www.biguebuggys.net](http://www.biguebuggys.net) 2 programmes for 8-12 yrs and over 13 yrs. All year, every day.

Paintball Family, Rond Point de la Foux, RD98, **Cogolin**. 06 23 70 03 33. [www.paintballfamily.com](http://www.paintballfamily.com)  
Open all year, every day 10.00-12.00 summer, 10.00-19.00 winter. Birthday parties.

Paintball Valley, RD 37, Site de Malpasset, **Fréjus**. 06 32 41 29 74. [www.paintballvalley.fr](http://www.paintballvalley.fr)  
Open every day all year 10.00-18.00 – booking in advance only. From 7 yrs.

Paintball Family, Domaine des Sigalons, Route de Pierrefeu, **La Crau**. 06 03 68 09 39.  
[www.paintballfamily.com](http://www.paintballfamily.com) Open Apr-Oct, every day 10.00-18.00. Birthday parties.

Azur Paintball, Qtr Riaou Rousses, **Les Arcs-sur-Argens**. 06 66 29 64 24. [www.azur.paintball.com](http://www.azur.paintball.com)  
Open all year. Birthday parties.

Le Val Paintball, 648 chemin des Vergers, **Le Val**. Paintball from 8 yrs, archery from 6 yrs. Open all year, booking essential.

Paintball Family, 1500 Chemin du Camp Laurent, La Monette, **Ollioules**. 06 03 68 09 39.  
[www.paintballfamily.com](http://www.paintballfamily.com) Open all year, every day 10-20.00 summer, 10.00-18.00 winter.  
Birthday Parties.

Paintball Rocbaron, Route de Néoules, **Rocbaron**. 06 80 48 03 70. Open all year.

POL Sud Paint Ball, Impasse des Coccinelles, Lot la Collégiale, **Six Fours les Plages**. 06 03 68 09 39.

Master Paintball, Domaine du Moulin d'Arc, route de Rousset, **Trets**. 06 14 73 31 43.  
[www.masterpaintball13.com](http://www.masterpaintball13.com). From 6 yrs.

### Para-ascending

Fun Ski School, Epi du Lido, Berge de la Rivière d'Agay, **Agay**. 06 07 08 17 17.  
[www.funskischool.com](http://www.funskischool.com) Open every day May-Oct. No age limit.

Fun Med, Port de Bormes, **Bormes les Mimosas**. 06 19 02 47 06.

Riviera Water Sports, Av de la Mer, **Port Grimaud**. 06 27 30 57 75. [www.rivierawatersports.com](http://www.rivierawatersports.com)  
Sailing, jet ski, water ski, parascending. Open May-Sep.

St Cyr Parachute, Quai Victor Gélou, **St Cyr sur Mer**. 06 21 68 95 30.

### Pedalos

Lac Sainte Croix, RD957, **Auguines**. 04 94 70 21 64. Lac Ste Croix.

VVF Vacances, av de l'Esterel, **Giens**. 04 94 58 21 51. [www.vvf-vacances.fr](http://www.vvf-vacances.fr) Sea canoes, pedalos, sailing, wakeboard, water ski, windsurf. Open Apr-Sep 9.30-12.00 and 14.00-17.30.

Etoile Marine Croisière, Belambra Club, av de l'esterel, **Hyères**. 04 94 58 36 56/06 37 03 28 98.  
[www.etoile-marine.com](http://www.etoile-marine.com) Canoes, pedalos, sailing, windsurfing. Open Apr-Oct 9.30-12.30 and 14.00-17.30.

Evolution 2 La Plage, CD37, Lac St Cassien, **Montauroux**. 04 94 76 40 63. [www.evolution2.com](http://www.evolution2.com)  
Beach with pedalos and canoes. Open mid-June to mid-Sept.

Plage de l'Americain, Qtr le Gabinet, Lac St Cassien, **Montauroux**. 04 94 85 79 13. Open mid-Apr to mid-Sept. Beach with pedalos.

Plage du Pré Claou, Pont du Pré Claou, Lac St Cassien, **Montauroux**. 06 10 82 03 63. Beach with pedalos and canoes. Open beginning May – beginning Sept.

Location Nautique, Le Pont Montmeyan Plage, **Montmeyan**. 04 92 74 40 76. Electric boats, canoes, pedalos – Lac Ste Croix. Open Apr-Nov every day 9.00-19.00.

Lac Arena, D7, **Roquebrune-sur-Argens**. Beach with pedalos and canoes for hire. Also inflatable games area for older children.

Sud Concept, Plage du Dramont, **Saint Raphaël**. 04 94 52 40 40. 06 03 46 54 74.  
[www.sudconcept.com/paca\\_saint\\_raphael.html](http://www.sudconcept.com/paca_saint_raphael.html) Sea canoeing from 8 years, plus pedalos. Open July and August and all year on demand.

### Play Areas

Jardin d'Enfants, Espace Fontaine, **Montauroux**. 04 94 50 41 00. [www.montauroux.com](http://www.montauroux.com)

### River and Lake Canoeing

Verdon Equitation, Centre de Randonnée Equestre du Grignolet, **Artignosc** (Gorges de Verdon). 04 94 80 77 30. [www.verdon-equotation-artignosc.fr](http://www.verdon-equotation-artignosc.fr) Canoeing on Lac Sainte Croix.

Centre Nautique de Bauduen, Qtr les Aires, **Bauduen**. 04 94 70 09 22. [www.centre-nautique-bauduen.com](http://www.centre-nautique-bauduen.com) Sailing from 6 yrs, windsurfing from 11 yrs, electric boats, canoes. Lac Ste Croix.

K Noe, Place de Jeu de Boules, **Correns**. 04 94 59 58 51. Open Apr-Nov.

Provence Canoe-New Evasion, RD562, Le Plan de Pardigon, **Entrecasteaux**. 06 79 60 94 94. <http://new-evasion.fr> Open May-Oct, booking advised.

Canoe-Kayak, RD562, **Entrecasteaux**. 04 94 29 52 48 [www.provence-canoe.fr](http://www.provence-canoe.fr) Open Mar-Nov, from 5 yrs.

Club Nautique des Salles de Verdon, Qtr Margaridon, **Les Salles de Verdon**. 04 94 70 21 49. [www.cnsu.fr](http://www.cnsu.fr) Sailing, canoes, rowing, disabled sailing. Lac Ste Croix.

Natka Sports et Nature, Ancien Chemin de Correns, **Montfort sur Argens**. 06 52 89 72 76. <http://natka.e-monsite.com> Canoeing and roller sports. Open Apr-Oct.

Base Nautique Municipale du Muy, CD25 Ancienne Route de Sainte Maxime, **Le Muy**. 06 77 67 09 51. Open June to September, from 4 yrs.

Location Nautique, Le Pont Montmeyan Plage, **Montmeyan**. 04 92 74 40 76. Electric boats, canoes, pedalos – Lac Ste Croix. Open Apr-Nov every day 9.00-19.00.

Club Nautique et de loisirs de **Ste Croix de Verdon**. 04 92 77 84 16. [www.cnlscv.com](http://www.cnlscv.com). Sailing, canoeing, electric boats, fishing – Lac Ste Croix.

Base Nautique de Vidauban, Quartier Coua de Can, **Vidauban**. 04 94 73 15 50. Open Apr-Oct – times vary. (See also "Adventure Parks" - Parc Aventure de Vidauban for aerial games nearby.)

### Roller Sports and Skate Parks

Roller Provence Méditerranée, 7 chemin de la Coupiane, **Hyères**. 06 61 33 07 21. [www.rpm-club.fr](http://www.rpm-club.fr). Open Sep-Jun.

Skate park, av Decugis, **Hyères**. Open all year 8.00-22.00.

Natka Sports et Nature, Ancien Chemin de Correns, **Montfort sur Argens**. 06 52 89 72 76. <http://natka.e-monsite.com> Canoeing and roller sports. Open Apr-Oct.

### Rowing

Base d'Aviron, 250 Impasse de la Base Nautique, Lac St Cassien, **Montauroux**. 04 94 76 53 26. [www.aviron-formation-var.com](http://www.aviron-formation-var.com). Rowing lessons all year.

Club Nautique des Salles de Verdon, Qtr Margaridon, **Les Salles de Verdon**. 04 94 70 21 49. [www.cnsu.fr](http://www.cnsu.fr) Sailing, canoes, rowing, disabled sailing. Lac Ste Croix.

### Sailing, Sea canoeing and Wind Surfing

Wind Club d'Agay, Complexe Nautique d'Agay, RN98, **Agay**. 04 94 82 08 08. [www.wica.cabanova.fr](http://www.wica.cabanova.fr) Open all year apart from Jan. Catamaran lessons from 7 yrs.

Base Nautique Municipale d'Agay, Plage de l'Escale, **Agay**. 04 94 82 71 42. [www.ville-saint-raphael.fr/sport/stages.htm](http://www.ville-saint-raphael.fr/sport/stages.htm) Open from Easter to All Saints. Sea canoeing lessons for 8-13yrs.

Kayak de Mer, au bout du port, face à l'île de Bendor, **Bandol**. 04 94 29 52 48/06 43 14 57 24. [www.provence-canoe.fr](http://www.provence-canoe.fr) Open Feb-Nov, from 5 yrs. Sea canoes.

Provence Canoe-New Evasion, Stade Deferrari, corniche Bonaparte, **Bandol**. 04 94 29 52 48/06 82 57 17 34. <http://new-evasion.fr> Open Mar-Nov 9.00-18.00.

Centre Nautique de Bauduen, Les Aires, Bord du Lac, **Bauduen**. 04 94 70 09 22. [www.centre-nautique-bauduen.com](http://www.centre-nautique-bauduen.com) Sailing from 6 yrs, canoes, wind surfing from 11 yrs, electric boats. Lac Ste Croix.

Club Nautique des Salettes, Square Eugène Tassy, le Port, **Carqueiranne**. 04 94 58 76 08. [www.cn-salettes.org](http://www.cn-salettes.org)

Club Nautique Fréjus, 769 Bd d'Alger, **Fréjus**. 04 94 51 40 47 [www.nautisme-frejus.fr](http://www.nautisme-frejus.fr)

Spin out, 1737 Rte de la Madrague, **Giens**. 04 98 04 54 93. [www.spinout.fr](http://www.spinout.fr) Wind surfing. Open Apr-Nov. From 9yrs.

Esprit Rand'Eau, **Giens**. 06 89 85 61 23. Sea canoeing. Facilities for disabled. Open all year 9.00-21.00 summer, 9.00-17.00 winter. From 5 yrs.

Vitamine Ka, Les Roaeaux, 129 bd Alsace Lorraine, **Giens**. 06 22 13 44 39. [www.vitamineka.fr](http://www.vitamineka.fr) Open Apr-Oct 9.00-21.00 summer, 10.00-16.00 winter.

VVF Vacances, av de l'Esterel, **Giens**. 04 94 58 21 51. [www.vvf-vacances.fr](http://www.vvf-vacances.fr) Sea canoes, pedalos, sailing, wakeboard, water ski, windsurf. Open Apr-Sep 9.30-12.00 and 14.00-17.30.

Pep's Spirit, Qtr la Rine, RD558, **Grimaud**. 04 94 96 88 04. [www.peps-spirit.fr](http://www.peps-spirit.fr) Sea canoes and mountain bikes. Open all year.

Welcome Surf, 109 allée du Pousset, **Hyères**. 04 94 58 96 90/06 24 43 19 59. [www.welcomesurf.com](http://www.welcomesurf.com) Windsurf, kitesurf, funboard. Open Mar-Nov 10.00-13.00 and 15.00-19.30. From 6 yrs.

Base Nautique Municipal, 12 av du Dr Robin, **Hyères**. 04 94 01 48 90. Open all year 8.30-12.00 and 14.00-17.30. From 8 yrs.

Coych, 61 av du Dr Robin, **Hyères**. 04 94 38 61 67. [www.coych.org](http://www.coych.org) Open all year, closed Wed and Sun. From 7 yrs.

Etoile Marine Croisière, Belambra Club, av de l'Esterel, **Hyères**. 04 94 58 36 56/06 37 03 28 98. [www.etoile-marine.com](http://www.etoile-marine.com) Canoes, pedalos, sailing, windsurfing. Open Apr-Oct 9.30-12.30 and 14.00-17.30.

Funboard Centre, L'Almanarre, rte de l'Almanarre, **Hyères**. 04 94 57 95 33/06 07 29 81 56. [www.funboardcentre.com](http://www.funboardcentre.com) Wind surfing, funboards, canoes. Open all year 9.00-18.00 winter, 9.00-21.00 summer. From 7 yrs.

Le Spot Kiteschool, 13 rue du Dr Leopold Jaubert, **Hyères**. 06 16 18 49 91. [www.kitesurf-var.com](http://www.kitesurf-var.com) Windsurf, kitesurf. Open all year.

Ile Porquerolles, plage de la Courtade, Base Nautique, **Ile de Porquerolles**. 04 34 34 02 33. [www.ileo.proquerolles.fr](http://www.ileo.proquerolles.fr) Sailing and canoes. Open Apr-Oct.

Ecole Française de Voile, Plage du Débarquement, **La Croix Valmer**. 06 48 23 51 04. [www.voile-lacroixvalmer.com](http://www.voile-lacroixvalmer.com)

Le Yacht Club Londais, 14 rue des Mésanges, **La Londe**. 04 94 66 82 45. [www.yclondais.com](http://www.yclondais.com) Sailing, water skiing. Suitable for disabled. Open all year. From 4 yrs.

Azur Kayak Aventure, Plage de l'Argentière, **La Londe**. 06 86 44 23 30. [www.azurkayakaventure.fr](http://www.azurkayakaventure.fr) Sea canoes.



Yacht Club des Sablettes, Quai Pierre Sauvaire, **La Seyne**. 04 94 30 52 49. [www.ycsablettes.org](http://www.ycsablettes.org)

Club Nautique de la Baie de Cavalière, 6 av du Cap Nègre, Cavalière, **Le Lavandou**. 04 94 05 86 78. [www.ecolevoilelavandou.com](http://www.ecolevoilelavandou.com)

Club Nautique des Salles de Verdon, Qtr Margaridon, **Les Salles de Verdon**. 04 94 70 21 49. [www.cnsu.fr](http://www.cnsu.fr) Sailing, canoes, rowing, disabled sailing. Lac Ste Croix.

Riviera Water Sports, Av de la Mer, **Port Grimaud**. 06 27 30 57 75. [www.rivierawatersports.com](http://www.rivierawatersports.com) Sailing, jet ski, water ski, parascending. Open May-Sep.

Kitesurf Evasion, Plage de **Saint-Aygulf**. 06 15 14 45 69/04 94 40 15 29. [www.kitesurf-evasion.fr](http://www.kitesurf-evasion.fr)

Club Nautique et de loisirs de **Sainte Croix de Verdon**. 04 92 77 84 16. [www.cnlscv.com](http://www.cnlscv.com). Sailing, canoeing, electric boats, fishing – Lac Ste Croix.

Société Nautique du Golfe des Leques, Quai Victor Gélou, **Saint Cyr sur Mer**. 04 94 26 17 55. [www.sngl.fr](http://www.sngl.fr)

Club Nautique de Sainte Maxime, Base Nautique P Bausset, 21 bd Jean Moulin, **Sainte Maxime**. 04 94 96 07 80. [www.club-nautique-sainte-maxime.fr](http://www.club-nautique-sainte-maxime.fr)

Sud Concept, Plage du Dramont, **Saint Raphaël**. 04 94 52 40 40. 06 03 46 54 74. [www.sudconcept.com/paca\\_saint\\_raphael.html](http://www.sudconcept.com/paca_saint_raphael.html) Sea canoeing from 8 years, plus pedalos. Open July and August and all year on demand.

Club Nautique de Saint-Raphaël, Base Nautique de Santa Lucia, Bd du Général de Gaulle, **Saint Raphaël**. 04 94 95 11 66. [www.cnsr.fr](http://www.cnsr.fr) Lessons from 8 yrs. Open all year 9.00-12.00 and 14.00-18.00

Base Nautique de Saint Tropez, Baie des Canebiers, chemin de l'Estagnet, **Saint Tropez**. 04 94 97 73 07/06 64 90 26 72. [www.ecole-de-voile.fr](http://www.ecole-de-voile.fr). From 5 yrs.

Société Nautique de Sanary, Quai les Baux, **Sanary**. 04 94 74 15 39. <http://voile.sanary.pagesperso-orange.fr>

Yacht Club de Six Fours, Corniches des Iles, **Six Fours les Plages**. 04 94 34 18 50. [www.ycsixfours.com](http://www.ycsixfours.com) Sailing, windsurfing, canoes. Open all year, from 7 yrs.

### Swimming pools

Piscine d'Aups, rue Voltaire, **Aups**. 04 94 70 01 74. Outdoor pool open Jul, Aug. Ring for opening hours.

Piscine de Bargemon, Route de Claviers, D56, **Bargemon**. 04 94 76 79 25. Outdoor pool open May-Sept. Ring for opening hours.

Piscine de Barjols, Quai Toutouires, **Barjols**. 04 94 72 22 00. Outdoor pool open Jul, Aug 11.00-19.00.

Piscine de Brignoles, Place Gross-Géreau, **Brignoles**. 04 94 59 10 54. 3 outdoor pools open Jul, Aug 10.30-18.45. Ring for opening hours.

Piscine de La Croix Valmer, La Colline Valmer, **La Croix Valmer**. 04 94 79 72 47. Heated outdoor pool open Apr-Oct. Disabled access. Ring for opening hours.

Piscine Alex Jany, bd Alphonse Daudet, **Draguignan**. 04 98 10 25 90. Indoor pool not open to the public. Outdoor pool and children's pool open mid-June to beginning Sept. Ring for opening hours.

Piscine Jean Boiteux, 955 bd Léon Blum, **Draguignan**. 04 98 10 26 05. Indoor pool open all year. Ring for opening hours.

Piscine de Fayence, Grand Jardin, **Fayence**. 04 94 76 28 38. Outdoor pool open end May-beginning Sept. Ring for opening hours.

Piscines Galliéni, rue du Maréchal Lyautey, **Fréjus**. 04 94 53 23 00 <http://www.ville-frejus.fr/vivre-a-frejus/sport/piscines/> Indoor pool with opening roof. Open Jul-Aug only. See website or ring for opening hours.

Piscine Maurice Giuge, 1196 Bd de la Mer, **Fréjus** (Base Nature). 04 94 51 97 28. <http://www.ville-frejus.fr/vivre-a-frejus/sport/piscines/> Indoor - 2 adult pools, children's pool and toys. Open all year. See website or ring for opening hours.

Piscine Municipal, av le Bellegou, **Gareoult**. Open Jul-Aug 10.00-18.00.

Piscine de Hyères, av Ambroise Thomas, **Hyères**. 04 94 00 46 10. 5 indoor and outdoor pools, children's pool, slide. Ring for opening hours – indoor open all year.

Piscine de La Garde, 97 rue de la Piscine, **La Garde**. 04 94 03 68 59. Outdoor pool open June-Aug. Ring for opening hours.

Piscine de La Garde Freinet, bd Esplanade, **La Garde Freinet**. 04 94 43 61 28. Outdoor pool open Jul, Aug 10.00-12.30, 13.30-19.00

Piscine Aquasud, ZAC Les Payes, 432 av de Rome, **La Seyne-sur-Mer**. 04 98 00 39 39. [www.vert-marine.com](http://www.vert-marine.com). 2 indoor pools - one with water games, 1 outdoor pool with water games, indoor and outdoor children's' pools. See website or ring for opening hours.

Piscine Joël Batbedat, av Pierre de Coubertin, **Le Luc**. 04 94 60 73 90. 3 outdoor pools open June – Wed, Sat 13.00-19.00; Jul, Aug - every day 11.00-18.45.

Piscine de Lorgues, 87 av de la Libération, **Lorgues**. 04 94 73 74 28. Outdoor pool open June, Jul, Aug. Ring for opening hours.

Piscine de Régusse, place de la Mairie, **Régusse**. 04 94 70 16 28. Outdoor pool open Jul, Aug 10.00-19.00.

Piscine de Rians, rue de la Garde, **Rians**. 04 94 80 31 86. Outdoor pool open Jul, Aug 10.00-13.00, 15.00-19.00.

Piscine Municipal, Complexe Sportif des Bosquette, Route du Muy, **Sainte Maxime**. 04 94 55 54 56. Open Sept-June. Closed in school holidays.

Piscine de St Maximin la Ste Baume, place de Lattre de Tassigny, **Saint Maximin de la Ste Baume**. 04 94 59 38 20. Outdoor pool open Jul, Aug 10.00-18.00 Mon-Sat.

Piscine Municipal, Pré de Foire, **Saint Maximin de la Ste Baume**. 04 94 59 39 75. Open Sun, Jul-Aug, 10.00-18.00.

Stade Nautique, Bd de L'Europe, **Saint Raphaël**. 04 94 52 18 96. [www.ville-saintraphael.fr/index.php?id=342](http://www.ville-saintraphael.fr/index.php?id=342) Open all year. Olympic pool, training pool, children's pool with toys, fitness centre. Disabled access to pool. See website or ring for opening hours.

Piscine St Tropez, Moulin Blanc, route des Salins, **Saint Tropez**. 04 94 97 66 27. Indoor pool open Sept-June. Ring for opening hours.

Complexe Aquatique, chemin des mas de l'Huide, **Sanary-sur-Mer**. 04 94 74 31 99. 2 indoor pools, slide, open all year. Ring for opening hours.

Piscine de Seillans, Quai Ferrages, **Seillans**. 04 94 76 86 37. Outdoor pool open Jul, Aug 11.00-19.00.

Piscine de Six-Fours-les-Plages, av Coudoulière, **Six-Fours-les-Plages**. 04 94 25 88 77. Indoor pool with opening roof, open all year. Ring for opening times.

La Piscine Leo Lagrange, av de la Palasse, **Toulon**. 04 94 27 17 23. Indoor pool closed in summer. Ring for opening hours.

Stade nautique du Port Marchand, av de la République, **Toulon**. 04 94 36 36 95. 2 pools. Outdoor pool open Mar-Oct, indoor pool open all year. Ring for opening hours.

Piscine Aqua'r'elles Forme, 93 rue Sidi Brahim, **Toulon**. 06 20 04 52 02. Indoor pool open all year Mon-Fri 9.00-20.00, Sat 9.00-17.00. Ozone (non-irritant) water treatment. Babies' and children's sessions.

Piscine des Pins d'Alep, 163 chemin Moneiret, **Toulon**. 04 94 62 08 81. Indoor pool open all year. Ring for opening hours.

Piscine de Vidauban, Quartier les Vallons, **Vidauban**. 04 94 73 04 28. Outdoor pool open June, Jul, Aug. Ring for opening hours.

## Tennis

Tennis de la Plage, CC La Bastique, **Agay**. 04 94 82 07 99

Tennis Club de Bagnols en Foret, Qtr du Défends, Route du Muy, **Bagnols en Foret**. 06 32 30 69 06

Tennis Club de Barjols, Qtr Le Stade, **Barjols**. 04 94 77 00 27. Open all year.

Tennis Club, Complexe Sportif Le Vabre, **Brignoles**. 04 94 59 03 22. Open all year, closed Sun.

Tennis Campsois, **Camps la Source**. 06 16 10 28 93. Open all year.

Tennis de Gombaudo, Qtr de Gombaudo, **Carcès**. 06 80 22 40 27. Open all year.

Tennis Club du Parc, 260 Chemin du Petit Lac, **Carqueiranne**. 04 94 58 68 27. [www.tcp-carqueiranne.com](http://www.tcp-carqueiranne.com) Open every day 9.00-20.00.

Tennis Municipal, 2 rue Cabassonne, **Correns**. 04 94 59 99 38.

Les Tennis du Grand Pré, **Entrecasteaux**. 04 94 04 47 97. Open all year.

Tennis Club, Qtr les Blaques, **Forcalqueiret**. 04 94 80 04 84. Open all year.

Tennis Club des Sources, av le Bellegou, **Gareoult**. 04 94 04 06 06. Open all year.

Tennis Club de Beauvallon, RD559 Beauvallon, **Grimaud**. 04 94 96 10 24. Open all year.

Tennis Municipal de Grimaud, Les Blaguières, **Grimaud**. 04 94 56 31 61. Open all year.

Tennis Club Hyerois, Jardin Olbius Riquier, 42 av Ambroise Thomas, **Hyères**. 04 94 57 43 24.  
[www.club.fft.fr/tchyerois](http://www.club.fft.fr/tchyerois) Open all year 8.30-20.00. From 3 years.

Tennis Municipaux du Complexe Aquatique, av Ambroise Thomas, **Hyères**. 04 94 00 46 10 . Open all year 8.00-20.00 Mon-Sat, 8.00-13.00 Sun.

Tennis Club du Val d'Issole, Route des Molières, **La Roquebrussanne**. 04 94 86 94 97. Open all year.

Tennis Club du Lavandou, av Vincent Auriol, **Le Lavandou**. 04 94 64 83 79.  
<http://tennisclublavandou.free.fr> Open all year.

Tennis Club Valois, Qtr Rougrière, **Le Val**. 04 94 86 33 16. Open all year.

Tennis Municipal, Rond Point du 8 Mai, **Montauroux** 06 88 85 06 02. All year.

Tennis Club Montfortais, Av des Droits d'Homme, **Montfort sur Argens**. 04 94 37 22 96. Open all year.

Tennis Club Nansais, 100 allée Jacques et Paulette Tomei, **Nans les Pins**. 04 94 78 84 22. Open all year.

Tennis Municipal, Place de la Mairie, **Plan d'Aups Ste Baume**. 04 42 04 50 10. Open all year.

Tennis de Pourrières, Chemin de Berthoire, **Pourrières**. Open all year.

Tennis Club St Cyrian, chemin de Sorba, **Saint Cyr sur Mer**. 04 94 26 13 54.

Le Tennis Club de la Croisette, 3 av du Souvenir Français, **Sainte Maxime**. 04 94 96 05 28. Open all year.

Le Tennis Club de la Madrague, chemin de la Vierge Noire, **Sainte Maxime**. 06 45 09 41 03.  
[www.clubfft.fr/saintemaximetennis](http://www.clubfft.fr/saintemaximetennis). Open Jul, Aug.

Tennis Club Municipal, Chemin de Resty, **St Maximin de la Ste Baume**. 04 94 59 44 61.

Saint-Raphaël Country Club Baudino, 237 Bd Jacques Baudino, **Saint Raphaël**. 04 94 83 60 07.  
[www.tennis-saint-raphael.com](http://www.tennis-saint-raphael.com).

Saint-Raphaël Country Club Roland Garros, Bd de l'Aspe, Boulouris, **Saint Raphaël**. 04 94 95 43 00.  
[www.tennis-saint-raphael.com](http://www.tennis-saint-raphael.com).

Tennis Club de Valescure, Route des Golfs de Valescure, **Saint Raphaël**. 04 94 82 40 46

Tennis Municipal du Trayas, Anthéor/Le Trayas, **Saint Raphaël**. 04 94 44 16 12

Foyer Rural Section Tennis, **Tavernes**. 04 98 05 36 36. Open all year.

Tennis Club du Parc, bd Charles Bernard, **Villecroze**. 04 94 70 79 85. Open all year.

## Ten Pin Bowling and Billiards

Bowling de Bandol, Route du Beausset, **Bandol**. 04 94 29 34 34. [www.bowlingbandol.com](http://www.bowlingbandol.com) Open all year, every day. Birthday parties.

Bowling 2000, Impasse des Géranium, Quartier St Léger, **Draguignan**. 04 94 68 70 33. [www.bowling-draguignan.fr](http://www.bowling-draguignan.fr) From 6 years, will arrange birthday parties. Closed Monday. Tues, Thur, Fri 16.00-00.30; Wed, Sat 15.00-00.30; Sun 15.00-19.00.

Bowling de l'Esterel, 459 av Lou Gabian, **Fréjus**. 04 94 51 03 39. From 6yrs upwards. Open every day: Sept-May - Mon,Tues, Thurs, Fri 16.30-02.00; Weds 15.00-02.00; Sat, Sun, 14.00-04.00; School holidays 14.00-02.00. July-mid Sept – 16.30-04.00 every day.

Bowling de Provence, 563 chemin des Plantades, **La Garde**. 04 98 04 42 84. [www.bowlingprovence.com](http://www.bowlingprovence.com) Open all year, every day. Birthday parties.

Bowling du Golfe, Qtr St Pons les Mures, **Port Grimaud**. 04 94 56 26 69. [www.bowlingdugolfe.com](http://www.bowlingdugolfe.com) All year, every day. From 4 yrs.

Bowling de St Maximin, Qtr la Laoue, **St Maximin la Ste Baume**. 04 94 37 89 98. [www.bowling-saint-maximin.com](http://www.bowling-saint-maximin.com). Open every day. Birthday parties.

## Tourist Trains

Train Touristique du Centre Var, Gare des Plantanes, D13, **Carnoules**. 06 07 98 03 09. [www.attcv.fr](http://www.attcv.fr) Journey from Carnoules to Brignoles. Open Apr-Oct.

Le Petit Train de Fréjus, Rond Point Hermès, Port **Fréjus**. 04 94 51 83 83

Le Petit Train de Grimaud, Place Neuve, **Grimaud**. 06 62 07 65 09. [www.petit-train-de-grimaud.com](http://www.petit-train-de-grimaud.com) Open Apr-Oct 10.00-18.00.

Le Petit Train de La Seyne sur Mer, Mole de l'Armement, **La Seyne sur Mer**. Open all year.

Le Petit Train des Plages du Lavandou, Tourist Office, **Le Lavandou**. <http://www.lavandou.eu/clients/train-plages/index.htm> From town centre to Pramouquier. Open May-Sep.

Le Petit Train de Saint Cyr sur Mer, Place de l'Appel du 18 Juin, Les Lecques, **Saint Cyr sur Mer**. 04 94 26 73 73. [www.saintcyrsurmer.com](http://www.saintcyrsurmer.com). Open Jul-Aug.

Le Petit Train de Sainte Maxime, av Charles de Gaulle, **Sainte Maxime**. 06 13 21 68 42. Open Apr-Nov.

Le Petit Train de l'Île des Embiez, Ile des Embiez, **Six-Fours-les-Plages**. 06 88 69 76 78. Open Apr-Oct.

Le Petit Train de Toulon, 185 av de L'Infanterie de Marine, **Toulon**. 04 94 36 01 32/06 20 77 44 43. [www.traintoulon.com](http://www.traintoulon.com) Open Feb-Oct 10.00-18.00.

## Treasure Hunt

Esterel Adventure, 125 Bd de la Plage, **Agay**. 04 94 40 83 83. 7-12 yrs accompanied by parent. Open all year on reservation.

## Vélorail (pedal train)

Vélorail de la Sainte Baume, **Pourcieux**. 06 33 81 50 87. [www.veloraildefrance.com](http://www.veloraildefrance.com) Pedal train on unused line in countryside. Need to be fit. Open all year.

## Water Parks

Aquasplash, Marineland, 306 av Mozart, **Antibes**, Alpes Maritimes. 04 93 33 82 72. [www.marineland.fr](http://www.marineland.fr) Kids' Island and Lazy River 3-7 yrs, L'Île aux Pirates 5-12 yrs. Mid-June to beginning Sept 10.00-19.00. (See also Marineland, La Ferme du Far West and Adventure Golf for activities nearby.)

Aqualand, Fréjus – 462 RD 559, Camp de l'Abbé, **Fréjus**. 04 94 51 82 51. [www.aqualand.fr](http://www.aqualand.fr)  
Open every day 10.00-18.00 mid-June to beginning of September.

Kiddy Parc, av de l'Aéroport, **Hyères**. 04 94 57 68 93. [www.kiddyparc.com](http://www.kiddyparc.com). From 2-12 yrs. Open every day Jul, Aug 10.00-20.30. Also rest of year for non-water activities – see website for opening hours. Birthday parties. (See "Adventure Parks" – Accro Aventure for aerial games and "Indoor Play Areas" – La Cabane de Kiddy for indoor games nearby.)

Niagara Parc Aquatique, Route de Canadel, **La Mole**. 04 94 55 70 80. [www.parcniagara.com](http://www.parcniagara.com)  
Slides, children's pool, trampolines, climbing wall. Open Jun-Sep 10.30-19.00

Aqualand St Cyr-sur-Mer – ZAC des Pradeaux, **Saint Cyr-sur-Mer**. 04 94 32 08 32. [www.aqualand.fr](http://www.aqualand.fr)  
Open every day 10.00-18.00 mid-June to beginning of September.

Aqualand, Sainte Maxime – route du Plan de la Tour, **Sainte Maxime**. 04 94 55 54 54. [www.aqualand.fr](http://www.aqualand.fr) Open every day 10.00-18.00 mid-June to beginning of September

## Water Skiing and Télési

VVF Vacances, av de l'Esterel, **Giens**. 04 94 58 21 51. [www.vvf-vacances.fr](http://www.vvf-vacances.fr) Sea canoes, pedalos, sailing, wakeboard, water ski, windsurf. Open Apr-Sep 9.30-12.00 and 14.00-17.30.

Le Yacht Club Lonnais, 14 rue des Mésanges, **La Londe**. 04 94 66 82 45. [www.yclonnais.com](http://www.yclonnais.com)  
Sailing, water skiing. Suitable for disabled. Open all year. From 4 yrs

Exoloisirs - Télési, Le Lac du Rabinon, **Le Muy**. 06 30 07 84 78. [www.exoloisirs.com](http://www.exoloisirs.com)

Nautique Park, Plage de Port Grimaud, **Port Grimaud**. 04 94 79 58 62. [www.nautique-park.fr](http://www.nautique-park.fr) Open Apr-Sep. Water skiing and jet ski.

Riviera Water Sports, Av de la Mer, **Port Grimaud**. 06 27 30 57 75. [www.rivierawatersports.com](http://www.rivierawatersports.com)  
Sailing, jet ski, water ski, parascending. Open May-Sep.

Water Glisse Passion, Plage de la Nartelle, RD559 **Sainte Maxime**. 06 61 85 59 27. [www.water-glisse-passion.com](http://www.water-glisse-passion.com) Open May-Sep. Water skiing, wakeboard.

Slide Water Camp, Plage Beau Rivage, **Saint Raphaël**. 06 09 84 23 41/06 65 33 74 96. Water skiing, wake-boarding, bananas etc. Lessons from 5 yrs. Open mid-Jun to beginning Sept.

## White Water Sports (Gorges de Verdon)

Aboard Rafting, 8 place de l'Eglise, **Castellane**. 04 92 83 76 11. [www.rafting-verdon.com](http://www.rafting-verdon.com) Rafting, canyoning, water trekking, adventure forest. From 8 yrs. Open Apr-Sept.

Aqua Viva Est, 12 bd de la République, **Castellane**. 04 92 83 75 74. [www.aquavivaest.com](http://www.aquavivaest.com). Rafting, canyoning, mountain biking, water trekking. From 10 yrs.

Bureau des Guides de Canyon, 3 rue de Mazeau, **Castellane**. 04 92 83 05 64.  
[www.procanyon.com](http://www.procanyon.com). Canyoning from 7 years, climbing from 9 yrs, water trekking from 8 yrs, via ferrata from 12 yrs.

Pascal Fadou, **La Palud sur Verdon**. 04 92 77 30 43. Climbing, canyoning from 10 yrs, water trekking from 8 yrs.

## Zoos

Marineland, 306 av Mozart, **Antibes**, Alpes Maritimes. 04 93 33 82 72. [www.marineland.fr](http://www.marineland.fr)  
Performing sea lions, whales and dolphins, shark tunnel, aquarium. Open all year except January. Feb, Mar, Oct-Dec 10.00-18.00; Apr-Jun, Sep 10.00-19.00; Jul. Aug 10.00-23.00. Can be booked online. (See also La Ferme du Far West, Aquasplash and Adventure Golf)

Fréjus Zoo, Le Capitou, **Fréjus**. 04 98 11 37 37. [www.zoo-frejus.com](http://www.zoo-frejus.com)  
Open every day 10.00-18.00 June-Aug; 10.00-17.00 Mar, Apr, May, Sep, Oct; 10.30-16.30 Nov-Feb.

Le Village des Tortues, Quartier les Plaines, **Gonfaron**. 04 94 78 26 41. [www.villagetortues.com](http://www.villagetortues.com).  
Tortoise and terrapin village. Open every day 9.00-18.00 winter, 9.00-19.00 summer.

Jardin Zoologique, D559, 583 route de Saint Honoré, **La Londe des Maures**. 04 94 32 02 15.  
[www.zootropical.com](http://www.zootropical.com) Open all year.

Autrucherie du Collobrier, Route de Collobrières, **Pierrefeu-du-Var**. 04 94 28 19 93. [www.planete-autruches.com](http://www.planete-autruches.com) Open all year, every day.

Jardin Exotique Zoo de Sanary, 211 av du Port d'Aran, **Sanary-sur-Mer**. 04 94 29 40 38.  
[www.zoosanary.com](http://www.zoosanary.com) Open all year 8.00-18.00 summer, 9.30-17.30 winter.

Zoo du Faron, 7576 route du Faron, **Toulon**. 04 94 88 07 89. [www.zoo-toulon.com](http://www.zoo-toulon.com) On top of Mont Faron with panoramic view. Open all year, every day – times vary. (See Cable Car for access.)

# The British Association of the Var

## Our mission:

**Putting people and social needs together since 1998.**

## Our welfare aims:

- ◆ Receive and respond to requests for assistance
  - ◆ Offer general help as required
- ◆ Introduce individuals to more specialised and professional groups if appropriate
  - ◆ Visit people in hospital or at their home
- ◆ If defined criteria are met, make funds available for those needing financial assistance
  - ◆ Plus much more .....

## Our social aims:

- ◆ Support members with settling into a different country
- ◆ Members become part of an established group with a members' monthly newsletter
  - ◆ Meet and make friends through our active social calendar

## Membership:

Visitors are welcome to attend our social events as advertised on our website.  
To become a member, download the application form on the website [www.baofthevar.com](http://www.baofthevar.com) or  
email: [membership@baofthevar.com](mailto:membership@baofthevar.com)

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*Barclays Bank, 68 place Porte d'Hermès, 83600 Port Fréjus*

*This list has been compiled in good faith and the British Association of the Var cannot be held responsible for the quality of service provided by these venues, nor for the accuracy of the information given. Please ring the venues to check for dates and times of opening, and the age of children catered for.*

*To advise of corrections or additions please contact: [newsletter@baofthevar.com](mailto:newsletter@baofthevar.com) or ring Shirley Rowson on 04 94 50 38 46.*

*Spring 2013*